



# GARDEN GAZETTE

---

## FEBRUARY 2009

### VALENTINE PARTY

**FEBRUARY 13TH**

**TIME: 10 AM**



**We will be playing bingo, having refreshments and pizza. Come and enjoy the fun and entertainment. We will be crowning a Valentine King and Queen.**

Spring Gardens collects soda pop tabs for the Ronald McDonald House. Do you want to see what services this provides for the children and their families?

**Go with us on a tour of the Ronald McDonald House.**

Bus trip to Tour the Ronald McDonald House

Tour from 1:00 – 2:00 PM

February 20<sup>th</sup>

Bus leaves at 11:00 AM Will be stopping for lunch on the way!

Contact Karen Bahena at the Activity Trailer (808-4425) for more information or to sign up for the trip.

**NOTARY PUBLIC'S ARE IN THE HOUSE!!**

**Amy Mims and Nita Clark are now Notaries Public.**

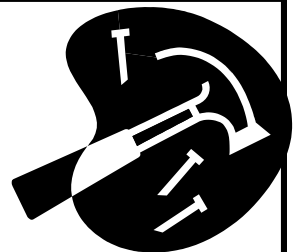


**If you need important documents notarized they are at your service.**

**Amy Mims 841-5032**

**Nita Clark 808-4177**

**UPDATE: Community Center & Sidewalk Covers  
THEY ARE COMING—SEE DETAIL**



# BINGO

**SPECIAL BINGO GAME SPONSORED BY  
SOUTHERN CARE HOSPICE**

**WITH BELINDA SOUTHERN**

**DATE: FEBRUARY 2ND**

**TIME: 9:30 AM**

**REFRESHMENTS & GIVEAWAYS**

**PROVIDED**

**WHERE: ACTIVITY TRAILER**

**SPECIAL BINGO GAME SPONSORED BY  
SOUTHERN CARE HOSPICE**

**WITH KARLA ROBERTS**

**DATE: FEBRUARY 23RD**

**TIME: 9:30 AM**

**REFRESHMENTS & GIVEAWAYS**

**PROVIDED**

**WHERE: ACTIVITY TRAILER**

**SPECIAL BINGO FEBRUARY 9TH**

**WITH LEONARD SMOOT**

**FROM SECURE HORIZONS**

Join Leonard Smoot for a special Bingo and to get information about AARP Secure Horizons Medicare Coverage.

**TIME: 9:30 AM**



**DIRTY BINGO**

**DATE: FEBRUARY 6TH**

**Bring a new \$5 gift to participate.**

**TIME: 1:00 PM**

**DAILY HOT LUNCHES SERVED AT 11:00 AM.**

**PLEASE BE THERE AT 10:45 FOR SEATING**



Hot lunches are provided daily at the Activity Trailer by the Office of Senior Citizen Services. They request a \$1 donation per meal. Call Karen at 808-4425 for more information.



**KEEP IN MIND THAT THESE SERVICES  
ARE AVAILABLE AT SPRING GARDENS.**



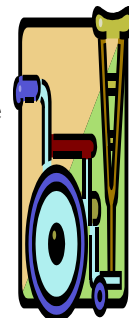
Nutritionists from Health Education visit every other month for diet information and assistance.

Health Educator Cathy King, RN, does weekly health checks every

Wednesday from 1:00 PM until 4:00 PM in the Activity Trailer.

Bob Dismukes from Jernigan's Healthcare visits every month to assist with your medical supply and equipment needs from 1:00—3:00 PM on the third Wednesday of the month.

Call Amy or Cathy at 841-5032 for questions or more information .



**Medical Aids**

---

## PICKIN ' AND GRINNIN

---

**COUNTRY & WESTERN & GOSPEL MUSIC FUN AND FELLOWSHIP**

**ON Feb. 27th BRING A LIGHT SNACK.**

**2nd Friday, will be the Southern Drifters**

**4th Friday, will be the Brookridge Drifters**

**DATES: February 13th and 27th**

**TIME: 6:00 – 9:00 PM**

**WHERE: Activity Trailer**



---

## REMEMBER TO KEEP PATIOS NEAT WE ARE CHECKING

---



**YARD SALE?** A few people recently stopped by because they thought there was a yard sale going on in our community. We were unsure what they were referring to until we saw a few of the patios. Please remember that your patio should not be used for storage. You are responsible for keeping your front and back porches clean and tidy. No boxes, bags, etc. should be stored on your porches. Outdoor type furniture, plants, and grills are acceptable. Thanks for your cooperation.

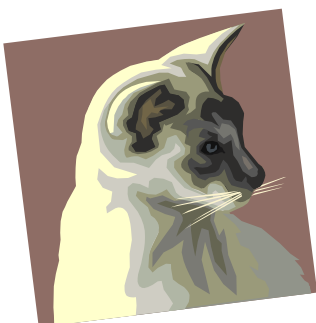
---

## BE YOUR PET'S BEST FRIEND

---

February is Responsible Pet Owner Month. We at Spring Garden Apartments encourage our pet pals to be particularly careful to keep pets on leashes when outside, to pick up after them and to keep shots up to date. Unfortunately, many dog owners forget to pick up after their pet. As clever as Rover is, he can't pick up after himself. It

only takes a few minutes, and doing so goes a long way toward keeping everyone in our community happy. Be your pet's best friend, and follow our pet policies so your furry and feathered friends may stay at Spring Gardens.





# STARS AND STRIPS FOREVER

## PRESIDENT'S DAY FEB. 18TH

There's no position that holds more power nor demands more respect than that of President of the United States. Two Presidents in particular have come to symbolize the American way of life-George Washington and Abraham Lincoln. On February 18th, take a moment to remember these two great leaders, as well as the 42 other Presidents who have made our country what it is today.



*Lincoln*



## GROUND HOG DAY! FEB. 2ND

He weights about 15 lbs, is brown and furry, and has had a movie made about his job. He is, of course, the groundhog on Gobbler's Knob in Punxsutawney, Pennsylvania. He makes an annual appearance on Feb. 2nd to alert the nation to either six more weeks of wintry weather or an early spring. Let's all keep our fingers crossed for a cloudy day with no shadows and an end to winter weather!



### HEALTH CORNER

BY: CATHY KING

#### WEEKLY EXERCISE IS BACK!

Weekly Exercise Classes are back– and better than ever!

Do you remember the old Chicken Fat Exercise?

Want to learn to Line Dance?

Enjoy exercising to the Oldies?

Join **Leslie Davis from Smart Moves** every Wednesday at 1:30 P.M. in the Activity Trailer.



Remember to keep saving your pull tops from any type cans for the Ronald McDonald House. During lunch you can drop them into the collection house at the Activity Trailer.